

5 common causes

Digestive upsets are common in dogs and cats and are often caused by:

-  Scavenging
-  Stress such as travel or a stay in kennels/cattery
-  A change in diet
-  Antibiotics
-  Underlying gut problem

Top tip:
Ask your vet
for advice!

5 typical remedies

If your pet has a digestive upset your vet may suggest treating them with:

-  **A bland diet** – ‘rests’ the gut short-term but still gives your pet essential nutrients and energy.
-  **Probiotics** – live bacteria to help reduce the levels of bad bacteria in the gut and support the good ones.
-  **Prebiotics** – a food source for good bacteria in the gut and an energy source for the gut cells.
-  **Clays such as kaolin** – can help firm up loose faeces and help to remove toxins from the gut.
-  **Pectin** – derived from plant cell walls this can help firm the faeces and soothe the gut lining.

4 names to remember

The safe and natural choice for gastrointestinal support

Introducing or stimulating friendly bacteria in your pet's gut is a safe and efficient way to normalise their digestive balance quickly. There are a number of probiotic, prebiotic or postbiotic products your vet can choose to prescribe, depending on your pet's symptoms.



Why Protexin® Veterinary?

For dogs. For cats. For rabbits. We're here for every pet to live their best life by supporting a healthy gut microbiome. With over 30 years of biotics knowledge, dedicated veterinary technical support and a full product range backed by science, research and expertise, you can be sure you're getting the highest quality products for your pet.

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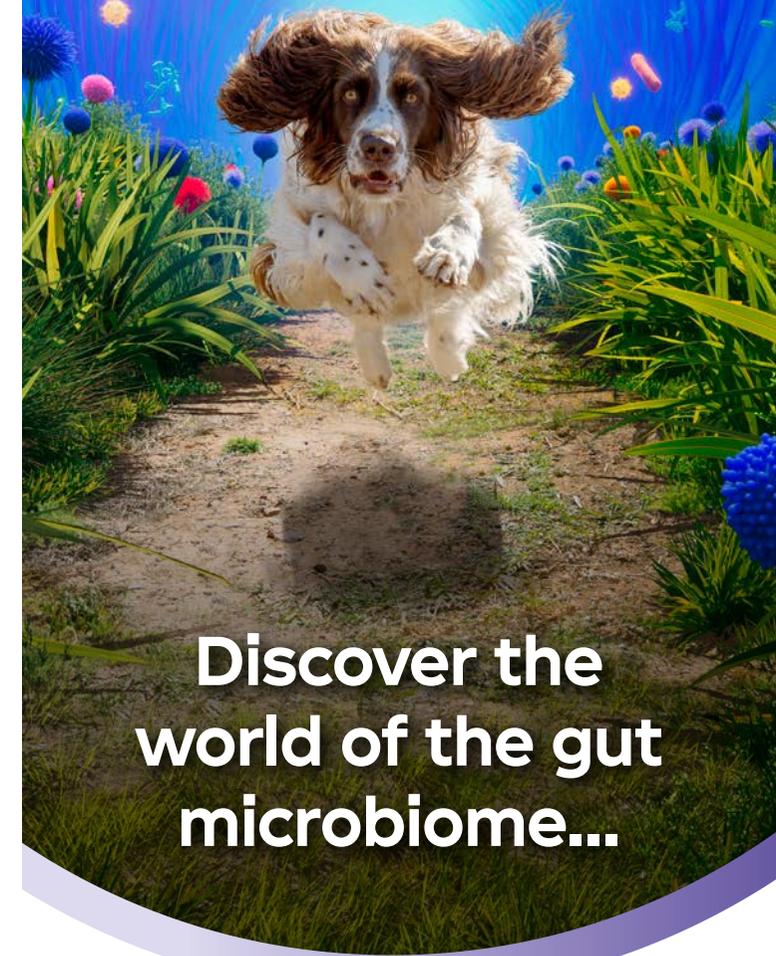
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Tummy trouble?



Discover the world of the gut microbiome...

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Smarter pet care, powered by biotics.



Tummy upsets – get to know the common food culprits

Whilst dogs and cats have similar digestive systems to our own, there are certain human foods which are not suitable for our four legged friends. We've created a quick guide to show you which foods are best avoided to keep your pet's tummy happy.



Scan to learn more about the Protexin® Veterinary ANZ product range.

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Foods to avoid...

Contact your vet if your pet has eaten anything on this list



Dried fruit & grapes

Currants, raisins, sultanas and even grapes can cause vomiting, diarrhoea, uncoordinated movement and acute kidney failure.



Chocolate & caffeine

Chocolate, along with coffee and caffeine, affect the central nervous system, cardiac and skeletal muscle. Dark chocolate is more dangerous than milk chocolate but all are best avoided.



Onions & garlic

Onions, garlic, leeks and chives can cause vomiting, diarrhoea and destruction of red blood cells.



Sweets

Xylitol, an artificial sweetener, ingested at high levels can cause insulin release, low blood glucose and liver toxicity.



Dairy products

Some dogs and cats will be unable to digest the sugar found in dairy products which may cause mild diarrhoea.



Meat & fish bones

Small bones splinter easily and can cause serious injury to your pet's mouth and digestive tract.



Nuts

Nuts, especially Macadamias, can cause pets to vomit, have increased body temperature and experience weakness, tremors and depression.



Bread

Yeast dough can cause an accumulation of gas in your pet's digestive system as a result of the yeast rising. Apart from causing pain this may also cause their stomach or intestines to become blocked.

Walkies!

Another vital ingredient for a healthy, happy digestive system is fresh air and exercise. But there are a few things to be aware of when you're out and about. Here are our top tips:



Avoid rubbish

Look out for discarded take-away containers and overflowing bins to avoid the temptation of mystery foods and potential hazards like small bones.



Say 'thanks, but no thanks'

It's great for your dog to make new friends when they're out and about. But if someone wants to offer your dog a treat, unless you know what they're giving them is safe, it's best to say 'no thanks'.



Bring a bowl

Keeping hydrated is vital for your dog's general health. It's a good idea to carry a light-weight pop-up water bowl with you – particularly in hot weather. That way you can be sure your dog is drinking plenty of clean water.

